



Roshni Association
Society for the Welfare of
Special Persons, Lahore

Give Zakat to Our
Special Persons this Year

Roshni Newsletter

Biannual Newsletter
January, 2019

Roshni Living Community

The living community consists of two community houses, Roshni House & Sumbal House, where special persons reside, along with those staff members and volunteers who look after them. Due to various reasons, many special persons may not be able to live at home anymore. Our community houses welcome persons with special needs to come and live within the wholesome rhythms that make up the daily routine at Roshni Association. They are person-specific and appropriate daily chores, to

both cater to their individual aptitude as well as to sustain the general idea of inclusiveness within Roshni. The daily rhythm created by meal times, workshops, tea breaks, walks, artistic as well as physical activities and household duties, gives both the special persons and the co-workers something to look forward to and enjoy. Currently we have 37 special friends in total out of which 10 are day boarders while 27 are part of our living community in both houses.



Roshni Friends during a walk on the International Day of Mental Health at Roshni Association

A Public Health Workshop by Dr. Farhan Abdul Rauf

Dr. Farhan Abdul Rauf is a Public Health Physician/Researcher, Consultant – Rehabilitation & Disabilities from Karachi. He visited us twice this year. He first visited Roshni in August and then in November 2018. He conducted a



Dr. Farhan Abdul Rauf while delivering a lecture on Health Issues at Roshni Association

workshop on multiple health issues. He delivered lectures on Neuropsychological Problems Related to Lead Poisoning and its Management & How Poor Posture Challenges an Individual's Performance at all Levels & its Management, Understanding, and Management of Heat-related Illnesses, Understanding, and Management of Sepsis, Basic Life Support (BLS) and Services for Children/Adults with Special Needs (What Families, School Faculty and NGO Personnel Need to Know?). He also conducted clinical examinations of all students of GERS and prepared general health reports with recommendations.

Ms. Ingrid Hücktker Visit to Roshni/GERS For Teachers Training

At regular intervals, various training programmes are conducted to keep the existing faculty abreast with new trends & techniques in the teaching field. These training programmes are designed to develop interpersonal skills of the teachers with regard to improving their interaction with students. To improve teaching skills the following teacher training/seminars were organized.

Ms. Ingrid Hücktker (Educationist, Trainer, Principal of a Waldorf School in Germany) conducted training sessions from 26th October to 30th October 2018. at GERS. She explained that Waldorf education philosophy believes in the need to consider human beings as a whole, and practices an evolutionary approach towards teaching. Its pedagogy strives to develop students with intellectual, artistic and holistic manners.

During her stay at school, she briefly explained that a child needs a connection to the environment and emphasised the importance of enhancement of their imagination and fantasy. Her focus was on child's development as a gradual unfolding soul, which would improve its qualities of thinking, feeling, and enthusiasm. The topics she covered were approaches and attitude, Waldorf pedagogy as a universal approach, co-operative lesson planning, rhythmical part of the lesson planning, culture of research, classroom management, story-telling, workshops for practical and artistic skills and blackboard paint. This training session helped a lot in class management and improved teachers' confidence and communication skills.

GERS New Academic Year 2018

The new academic year commenced on 3rd, April 2018. Currently 225 students are part of the school including, 130 girls and 95 boys. Most of the students come from the economically impoverished background, often being the first ones in their families to reach formal, quality education. Therefore, their educational expenses are borne by the school. Furthermore, already 40 other students are already in the waiting list for admission in Kindergarten for the year 2019. GERS has started a new version of Junior Kindergarten and 25 students have secured admission in this class. Now all classes have shifted to the new school is building. GERS follows a relevant & comprehensive curriculum to enhance the quality of the syllabus. Regular subjects are English, Urdu, Mathematics, Science, Geography, Zoology, Botany, History etc. The students at GERS are also being taught knitting, embroidery, stitching, painting, farming, baking, textile work, woodwork, and other handicraft work. The teachers are skilled and fully trained to implement a well planned approach to teach the concepts that a child is expected to learn by the end of each class.



Students of GERS during their presentations at school

Excursions

Each year Roshni Association organises educational tours and visits to different places for students and persons with special needs. The foremost purpose of these trips is to reduce social exclusion and to achieve integration into society of the differently abled persons. An educational tour is a part of the academic experience in most schools and colleges. Such tours help students to get firsthand information about the relevant subjects. For example, it is one thing to see the picture of an animal or a plant in a book and quite another to see it face to face. This year students of GERS visited Islamabad, Faisal Mosque, Lahore Zoo, Rana Luxury Resort, Jinnah Gardens and Lahore Fort. During their excursions, students were informed about the historical places and their relevance and importance. They were excited and enthusiastic throughout the tours. They enjoyed a lot during the various school trips arranged during November.

Gallery



Roshni Organic Bakery Stall at Khalis Food Market-Lahore



Students singing a patriotic song at School on Independence Day



Roshni Friends with staff planting a tree at Roshni



Mr. Zahid Durrani planting a tree at school with GERS students



Dr. Farkhanda Ghafoor while planting a tree at GERS



Students & Staff during Meelad-Un-Nabi (SAWW) at School



Roshni Staff, Parents and Board Members on Independence Day at School



Students while performing a tableau on Independence Day

Gallery



Dr. Farhan Abdul Rauf while examining a students at school.



Ms. Ingrid Hücktker during Teachers' Training Session at School



Students from Avicenna Medical College during their visit to Roshni



Roshni Management team during their visit to Shadab School-Lahore



CBR special children while enjoying boating at Rana Luxury Resort



Roshni staff & Friends after tree plantation at GERS



Ms. Ingrid Hücktker while delivering a lecture at GERS



Mr. Sarwar Khan for Roshni Organic Bakery Stall at Beacon House

Awareness Walk on World Mental Health Day

World Mental Health Day is observed on 10th October each year. Roshni Association also observed this day by organising a walk with the overall objective of raising awareness of mental health issues around the world and mobilising efforts in support of mental health. The World Mental Health Day provides an opportunity for all stakeholders, working on mental health issues, to talk about their work and exchange ideas to see what more needs to be done to make mental health care a reality for the local communities and also worldwide communities.



Special Friends & Roshni Staff while carrying posters during awareness walk on World Mental Health Day at Roshni Association

Independence Day of Pakistan Celebrations

To inculcate the feeling of nationalism among the children, Independence Day of Pakistan was celebrated with full enthusiasm. The celebrations held on 16th, August 2018, and students and special friends were dressed up in white and green clothes, following the theme of the day. They painted the Pakistani flag on their faces. They jointly sang the national anthem and patriotic songs for renewing hope, promises and high aspirations to become responsible citizens of Pakistan. The students delivered inspiring and heart-warming speeches and performed different tableaux.



A group photo of Roshni Friends on the Independence Day



A group photo of GERS Students on the Independence Day at school

Five Years Recurring Expenditure (for the years ending 30th June, 2014 to 2018)

EXPENDITURE	2014	2015	2016	2017	2018
Salaries and Other Benefits	6,153,798	6,981,399	7,594,340	8,216,370	8,448,655
Sub-Contractor's Fee for Security Services	256,000	292,160	187,480	171,824	338,176
Utilities	909,897	856,617	883,807	975,920	1,170,347
Bakery	298,083	248,416	496,062	408,940	293,976
Wood Workshop	59,130	26,568	6,093	24,439	16,638
Textile Workshop	71,665	63,690	50,683	18,358	36,096
Bedian Farm	348,820	764,492	694,370	682,206	845,948
Green Earth Roshni School Expenses	491,610	461,761	210,576	586,975	464,400
Community Houses	1,103,528	1,290,785	1,532,530	1,574,601	1,618,801
Printing & Stationery	31,236	42,209	40,564	15,450	9,030
Rent, Rates & Taxes	12,500	-	-	-	-
Travelling & Conveyance	593,571	154,635	121,774	97,924	91,490
Vehicles Running & Maintenance	1,683,128	1,104,256	964,039	1,169,975	1,518,288
Repairs & Maintenance	509,094	514,140	221,960	244,809	272,619
Advertisement & Promotion	328,689	189,040	263,019	230,645	246,835
Insurance of Vehicles	-	-	-	-	-
Legal and Professional	50,000	75,000	82,400	55,000	70,000
Entertainment	650	507	-	-	-
Bank Charges	3,050	6,140	20,327	19,874	8,325
Office Expenses	25,496	1,679	-	2,028	17,306
Total (Rs.):	12,929,945	13,073,494	13,370,024	14,495,338	15,466,930

Extracted from Audited Statements of Account)

Accounts Audited by: Horwath Hussain Chaudhry & Co., Chartered Accountants

For Your Donations



Please send your crossed cheque to:

Roshni Association, P.O. Box 11073,
D.H.A. Lahore

Or transfer your donation to one of our accounts:

The Bank of Punjab, Dera Chahal
Branch, Bedian Road, Lahore.

Acc. No.: 6010034406000015
IBAN: PK83BPUN6010034406000015

Askari Bank, Phase V –D.H.A.,
Lahore. Acc. No.: 1740100000500

National Bank of Pakistan, T Block,
Defence Branch, Lahore.
Acc. No.: 4010355990

Cheques from USA should be made payable to :

Rudolf Steiner Foundation,
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visit: [http://www.rsfsocialfinance.org/
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Zukunftsstiftung
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GLS Bank, BLSm BLZ: 430 609 67
Aus dem Ausland: BIC GENODEM 1GLS
IBAN: DE05 430 609 67 0012 330 010

In Switzerland

ACACIA Freie Gemeinschaftsbank
BCL, Basel, Postbank PC 40-963-0
Konto: ACACIA 2.488.0
Stichwort: Roshni Pakistan

Health Care

Roshni Association always takes responsibility for the health of students and friends (persons with special needs & care). The President of Roshni Association, Dr. Farkhanda Ghafoor, with the collaboration of Pakistan Kidney and Liver Institute, Lahore, organised a free screening camp at Roshni Association and GERS. All the special friends, children/adults with special needs from Karbath village under our CBR (Community Based Rehabilitation) programme and GERS students, including their families, were examined. Later on, they and the staff members were vaccinated against Hepatitis B in three phases. The aim was to promote health consciousness and to educate the students about the disease.

Tree Plantation Campaign

Human beings are part of natural eco systems and depend on them for their survival. In a rapidly changing environment and with increasing urbanisation, this dependence is being challenged. Natural environments affect human health and well-being, both directly and indirectly. Urban green and blue areas provide opportunities for stress recovery and physical activity. Roshni always promotes a healthy environment and, in order to become part of the government's afforestation campaign, students, teachers, parents, special friends of Roshni, and all board members of Roshni Association, enthusiastically planted trees.

13th Anniversary of GERS

On 13th November 2018, GERS successfully completed its 13 years of service in providing quality education. We are pleased to share that 12 classes up to Grade 8 have all passed their exams. GERS owes its success to every single individual who has been part of our team in any capacity. Therefore, we celebrate this day with happiness and joy. That this year's anniversary celebrations were held in the new school building was a moment of pride for all students and staff. All students, teachers, board members and parents actively participated in this event. All were informed about The Annual Progress Report of the school.

Eid-Parties

Eid-ul-Fitr, Eid-ul-Azha & Eid Milad-un-Nabi and Easter are the occasions of great excitement and joy, which the friends, staff, students, and teachers celebrated with great fervour at Roshni Association. Greetings were exchanged and sweets were shared with the students and special friends. The purpose of such parties was to share love and kindness. Students and teachers enjoyed all the events, while cooking meals by themselves.



Editor: Aamir Rizvi (Public Relations Manager)

Sub-editor: S. Husain Akhtar

Donation Form

Kindly fill in this form and send your contribution to Roshni Association:

Name: _____

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Contact No.: _____

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Donation for: _____

Amount: _____

Signature: _____

Date: _____

**Roshni Association
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Welfare of Special Persons**

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